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| **Title** | Shopping Buddy |
| **Location** | Gateshead/South Tyneside  |
| **Time commitment** | Approx. 2 hours per week |
| **Minimum duration**  | Ongoing |
| **Project description** | We are working in Gateshead and South Tyneside to help people develop the personal networks and resilience needed to lead a happy and healthy life.   |
| **Role description** | We are looking for a volunteer to support a small group of people to do their food shopping |
| **Key beneficiaries** | Clients with learning disabilities and/or autism |
| **Main responsibilities** | * Accompanying a person or small group to the supermarket and offering support with shopping where needed
* Helping with shopping lists and basic budgeting
* Assisting people to learn the skills needed to continue to do their shopping independent from our support
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| **This role would suit people who…** | Are confident with basic budgeting and helping people make good decisions about their meals and food shopping. They will be good at being organised and committed to things. |
| **Deadline for application** | Ongoing |
| **Application process** | Next step:Contact Danielle (see below) or fill in an application form available on our website and email it to volunteers@yvc.org.uk |
| **Who to contact for more information** | Danielle Falcus on **07771453948 or** volunteers@yvc.org.uk |